



FAMILY HEALTH
MINISTRIES

ANNUAL REPORT
2011



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An Evening for Haiti:
Building the Leogane Family Health Center

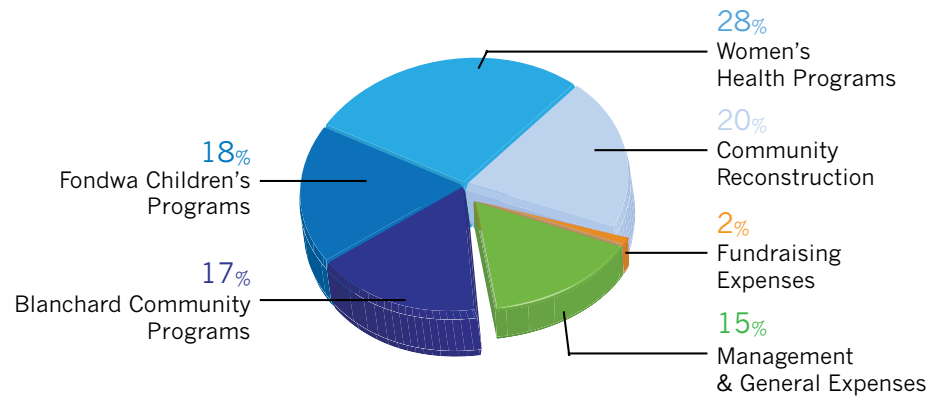
May 5, 2012
Doris Duke Center, Duke Gardens
6:00pm—9:00pm

Auctions | Food | Music | Fun
Adults: \$50 by Thursday May 3rd
Students: \$30

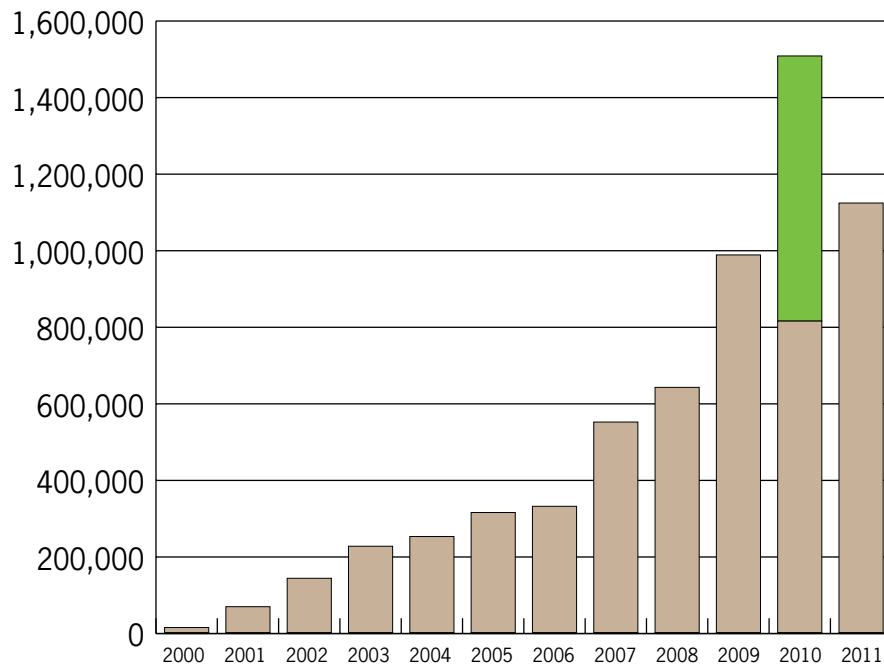
For more information call (919) 382-5500,
or visit us at www.familyhm.org

Financials

2011 Program Expenses



Annual Income Trend



*2010: Direct earthquake relief fund donations indicated by the green section

2011 Annual Income		
Individuals/Households	\$399,516	36%
Religious Organizations	\$286,239	25%
Other Organizations	\$427,788	38%
Investments/Interest	\$9,003	1%
Total Income	\$1,122,546	

2011 Program Expenses		
Fundraising Expenses	\$20,000	2%
Management and General Expenses	\$188,671	15%
Blanchard Community Programs	\$210,199	17%
Fondwa Children's Programs	\$220,008	18%
Community Reconstruction (Earthquake Funds)	\$243,529	20%
Women's Health Programs	\$347,365	28%
Total Expenses	\$1,229,772 *	

*2011 total expenses exceed income due to earthquake funds being carried over from 2010 and used to complete projects in 2011.

2011 FHM Program Outcomes



Children's Programs

674

General Health Care for Children

Children who received generalized healthcare in the Blanchard Clinic.

1969

Childhood Immunizations

Immunization doses given to children 5 years of age and younger.

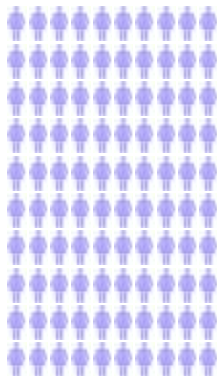
602

Education and Nutrition

Children who received an education and participated in the Fondwa School lunch program.

10,000+

Total number of women impacted by the Cervical Cancer Prevention Program since 2007.



 = 100 women



Family Programs

3654

Family Wellness Programs

Patients who received generalized health care in the Blanchard Clinic.

375

Stress Reduction Programs

Women and men who participated in various stress reduction programs.

851

Laboratory Services

Patients who utilized Blanchard laboratory services.

18,000+

Number of individuals impacted in Family Wellness Programs since 2007.



 = 250 families



Women's Programs

1914

General Health Care for Women

Women who received consultation, testing, treatment, or other procedures pertaining to general health care.

252

Prenatal Care

Women who received prenatal care, consultation, education, or treatment related to childbirth.

17

Birth Attendant Skills Assessment and Education

Men and women who participated in Safe Motherhood education programs.

Children's Programs

Fondwa

In January 2010, the earthquake completely destroyed the Fondwa School and the surrounding community. Family Health Ministries (FHM) spent the first year post-earthquake building temporary housing for the children at the Fatima House Orphanage and the Fondwa School. Once the community was stable, FHM turned its attention to more long-term planning in 2011.

This past year was spent rebuilding family homes, securing new sources of water, and working towards clearing rubble in order to start the rebuilding of the Fondwa School. FHM raised \$100,000 to rebuild the Fondwa School. With added financial help from Partners in Progress, Heart to Heart International, and Fonkoze, construction on the road to the school is complete, and necessary materials and machinery have arrived at the school property. We hope to have the new school complete and ready to receive children in the fall of 2012.

Sponsorship

Family Health Ministries has long had a philosophy of developing relationships with our Haitian partners to create change and solutions.

One way we see this philosophy in action is through our sponsorship program. Currently, 225 families contribute to the operating costs for the school by sponsoring a child for \$25 a month. These contributions make it possible for FHM to provide \$5,100 a month to the school for teacher salaries, supplies, and a nutrition program that includes daily vitamins and lunch.



With your help, we currently have 283 children sponsored. Please visit our website to view the new sponsorship video.

<http://familyhm.org/sponsorship>

Fatima House Orphanage

The Fatima House Orphanage is run by Sister Simone and her faithful team of young nuns. Fifty-five children live at Fatima ranging in age from 1 to 21. In July, the children moved from a crowded plywood shed to a four-building complex sitting on an open piece of land with plenty of space. An improvement in the sanitation system is slated for completion in 2012, including a new bathhouse and latrines. FHM continues to help with the children's health by contributing \$500 a month for nutritional support,



not to mention the countless clothing and other donations from our support network. In partnership with Kids First Foundation, we will be putting in a playground for the children this coming spring.

Blanchard

Family Health Ministries received a special grant to improve infant and toddler nutrition. The new program is aimed at identifying children 6 months to 5 years of age suffering from malnutrition. The program has been running for a little over a year and is designed to provide a therapeutic food called Medika Mamba (fortified peanut butter). The hope is to improve and maintain the health of these children during a critical time for brain development in their young lives. Family Health Ministries, with help from its public health workers, is doing follow-up visits to the children who graduated the program to evaluate the long-term effectiveness of using this ready-to-use therapeutic food (RUTF).

*The image behind the text is a rendering of the new Fondwa School.



1993

Laying the Foundation
Dr. David Walmer makes his initial trip to Haiti, discovering his passion for helping Haitians with health care needs.



1994

Cervical Cancer Education
Program begins to educate women on the dangers of cervical cancer and what the options are for diagnosis and treatment.



2000

Non-Profit Established
• Family Health Ministries is established as a non-profit
• Fondwa School sponsorship begins



2001

Cervicope Debut
• First cervicope is tested in Leogane



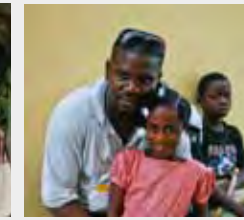
2002

Orphanage Construction
• Construction on the Fondwa Orphanage begins
• The first dedicated cervical cancer clinic opens at Hopital St. Croix



2003

Executive Director Hired
• FHM Board of Directors hires Kathy Walmer as Executive Director
• Dave and Jamalyn Williamson are the first staff to live in Fondwa, Haiti



2004

Blanchard Public Health
• Public health outreach program begins in the Blanchard community



2006

Blanchard Clinic Opens
• The Blanchard Clinic opens its doors to patients
• FHM moves US staff to new office in Durham, NC

Family Programs



Blanchard

In 2004, Family Health Ministries' family health programs began in the Blanchard community, a very poor suburb of Port-au-Prince near Cité Soleil, with a public health outreach program. The Blanchard Clinic was opened in 2006 and is a full-service clinic providing treatment of acute illness, education, and preventive health care for the entire family. The Blanchard Clinic is home to the children's nutrition, cervical cancer prevention, malaria research, and childhood immunization programs. With the knowledge and experience learned from operating the Blanchard Family Health Clinic, FHM is launching its next large project, the Leogane Family Health Center (LFHC), in Leogane on the 10 acres of land purchased in 2007.

Leogane Family Health Center

It became obvious several years ago that the region needed a larger facility that could provide critical health care services for women and children in Haiti's southern coastal plain.

The Leogane Family Health Center will one day be an \$11 million, 100,000-square-foot patient care, teaching, and research hospital complex with an annual operating budget of \$717,000. The facility will have multiple operating rooms, dedicated inpatient and outpatient wings, chapel, research and administrative wing, training and education wing with auditorium, facilities services building, staff residences, and a guesthouse.

The center will provide acutely needed health care services for the 100,000 Haitian families in the surrounding communities who are without basic care.

Before the 2010 earthquake, there was a need in the Leogane region for a patient care, research, and training hospital complex to serve the indigent. Post-earthquake donations brought some relief to the area, but the demand for medical services is still overwhelming. The Leogane Family Health Center's first building is the 4,000-square-foot guesthouse. It will provide food and lodging for visiting health care professionals and the 24-hour, on-site staff. The

guesthouse was pushed to the top of the priority list because 80-90% of all structures in Leogane were destroyed or badly damaged after the 2012 earthquake. The Nancy-Ferree Clark guesthouse is scheduled for completion in the Spring of 2012.

Fundraising is underway for the health center's second building, the 9,000-square-foot, multipurpose Surgical Facility. This facility will deliver life-saving care to mothers and their newborns with pregnancy-related complications, and provide reproductive health services, including surgery for women who are at risk for fatal cervical cancer. View the new LFHC video on our website at <http://familyhm.org>.

Research Projects:

- Studying the long-term effectiveness of ready-to-use therapeutic foods (RUTF) like Medika Mamba
- Studying Chloroquine-resistant malaria in Haiti
- Developing new techniques to identify premalignant cervical lesions
- Identifying the relationship between HPV and HIV disease
- Determining levels of traumatic stress in post-earthquake Haitian population
- Identifying women's reproductive needs and developing educational opportunities



2007

Nutrition Program

- Infant nutrition program begins in Fondwa
- FHM forms partnership with Qiagen Corporation to begin HPV testing in Blanchard and Leogane



2008

Duke University Partnership

- Formal partnership between Duke Global Health Institute and FHM
- One-year anniversary of Haitian Institutional Review Board



2010

Earthquake

- Emergency medical supplies and relief teams sent to Haiti
- Infant nutrition program begins in Blanchard



2011

Leogane Family Health Center

- Construction begins on the Nancy Ferree-Clark Guesthouse
- Haitian Ob/Gyn society endorses FHM cervical cancer screening protocol

The image behind the text is a rendering of the Leogane Family Health Center, provided by Hite & Associates.

Women's Programs

Cervical Cancer Prevention

2011 was the year of expanding partnerships in our work to prevent cervical cancer in Haiti. Family Health Ministries opened two new cervical cancer screening centers in collaboration with the Haitian NGO FOSREF, a leading reproductive health organization that is well-known for its HIV work.



The Haitian OB/GYN Society, along with the Ministry of Health, endorsed our new standard of care for cervical cancer screening. FHM has also partnered with Groupe de Support Contre le Cancer, a women's cancer education and advocacy group. All four organizations have endorsed the building of the new Leogane Family Health Center, which is planned as the future home of a collaborative national program for cervical cancer prevention.

New Pathology Lab

Pathology services in Haiti still remain a huge obstacle in the fight against cervical cancer. A new partnership with the University of Florida has provided space in a brand new laboratory built in Gressier, Haiti. Gressier is located outside of Leogane and will soon be the home of a state-of-the-art pathology lab that will process biopsy slides. The slides will be uploaded and read by pathologists in the US using new technology in partnership with Path Central, Path Associates of Kitsap County, and Aperio.

Maternal and Neonatal Mortality

Reducing maternal and neonatal mortality is a long-term goal of FHM. Research began with assessing the training needs of Haitian midwives, creating relationships with a number of students eager to improve their skills. FHM continues to meet with these individuals to learn more about their needs and the needs of their communities. The vision is to have trained midwives who can deliver babies in community clinics and refer complicated deliveries to the Leogane Family Health Center.

Peer Ally Program

In response to the stress associated with post-earthquake trauma, Family Health Ministries, in partnership with Dr. Benjamin Reese and Dr. Cynthia Frasier, has developed a Peer Ally Program for women in our communities. The program teaches women stress reduction practices such as relaxation and imaging techniques. These training sessions give women the opportunity to come together in a supportive atmosphere of fellowship.

Other Programs

Spiritual Support

Through collaboration with the Christian Community Church in Port-au-Prince, FHM continues to provide Bibles, Vacation Bible School, salary support for two pastors, and a discretionary fund for Pastor Leon Dorleans to help individuals in need.

Mission Team Participation

Last year, fifteen mission teams accompanied Family Health Ministries staff to Haiti, providing construction, education, research, and medical expertise. Working with community leaders to identify priorities, FHM and our mission teams provided resources and worked alongside our Haitian friends. Joining a mission team is a wonderful way to participate first hand in FHM projects and to make a difference in the lives of Haitians. This life-changing experience can capture your heart and become a lifetime passion.

University Student Programs

Family Health Ministries, in partnership with Duke Global Health Institute and Duke Engage, provides research and service opportunities to undergraduate, graduate, and medical students. Students provide the talent and manpower to collect and analyze data from FHM program outcomes so we can evaluate and adapt our work on a continual basis. Students are pivotal in collecting current information on the ever-changing community needs.

The FHM logo was launched in 2011 to celebrate ten years of supporting Haitian communities in their efforts to build and sustain healthy families. The "tree of life" is a favorite motif around the world. FHM's tree symbolizes commonality among people as we develop roots, grow in purpose, and branch out as we serve.



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Supporting Haitian communities in *their* efforts to build and sustain healthy families