



Supporting Haitian communities in *their* efforts to build and sustain healthy families.

October 2014

www.familyhm.org

Run for Safe Motherhood in Haiti

On September 27, 2014, Family Health Ministries teamed up with 519 Church, a local United Methodist church, and local sponsors to offer a certified 10k/5k and 1 mile family fun run along the beautiful American Tobacco Trail in Cary, North Carolina. In its third year, The 519 Hearts Haiti Race has become a favorite in western Wake County. Over 500 folks came out to walk, run, and volunteer on this crisp Fall morning. A DJ spun dance tunes and created an upbeat atmosphere for the racers and volunteers. Local vendors, like The Produce Box, provided healthy apples and other snacks for the participants. Friends and families came out to enjoy the course together. One family ran the 1-mile fun run in superhero costumes!

Another long time supporter of FHM, University Pres-

byterian Church (Chapel Hill, North Carolina) was a gold sponsor. Robert Bruce, UNC student and church member at University Presbyterian, organized online fundraising and generated \$1,500 for the race.

Proceeds from event sponsorship, donations, and race registration fees raised \$35,000 for FHM's new Carmelle Voltaire Women's Health Center in Tombe Gateau in the mountains of Haiti. Our goal was to register 350 runners and raise \$10,000 in order to receive an additional \$10,000 through a matching grant from the SG Foundation. We are surprised, thrilled, and blessed by the final race results! The money raised completed the funding to open the clinic and operations for one year. Thank you to everyone who participated and to 519 Church for making this event such a huge success.



Celebrating a Decade of Service at the Blanchard Clinic

In 2004, Family Health Ministries committed to building the Blanchard Clinic. The clinic would eventually be dedicated and open two years later. During the two year period of fundraising and construction, Family Health Ministries hired community health workers, Napeau Chrisnel and Annaus Franckel, to survey the area that the clinic would serve. They went door to door collecting data that was used to determine the type of services the new Blanchard Clinic would provide.

Fast forward 10 years and the clinic now has a staff of 18 providing an array of healthcare programs. In that group of employees, you will still find the smiling faces of Napeau and Annaus. Napeau is the Clinic Manager and

Annaus is the Senior Data Manager. This summer we celebrated their 10 years of employment with a little lunchtime party to honor their faithful service. "We are proud to be able to work with FHM who works with our community to provide the health care and services we have asked for to help make our community stronger," said Annaus Franckel.



Napeau and Annaus cut their cake honoring 10 years of service.

Challenges and Successes In God's Time

– Kathy Walmer, FHM Executive Director

As we move into another fall season, I always become reflective of what FHM has accomplished during the year. A number of great things have happened that have made us truly grateful for the opportunity to serve in Haiti. In January, we dedicated the new Saint Antoine School in Fondwa. In June, we welcomed a wonderful new physician, Dr. James (OB/GYN), to the Blanchard clinic. In July, we presented to the Ministry of Health best practices in cervical cancer prevention. In September, we placed two missionaries for a year of service in Fondwa. We had a fabulous summer working with our Duke undergraduate student team. In September, through the 519 Hearts Haiti 10K/ 5K Race, we raised \$25,000 for the Carmelle Voltaire Women's Health Center and received a challenge grant of \$10,000 from the SG Foundation. The list goes on.

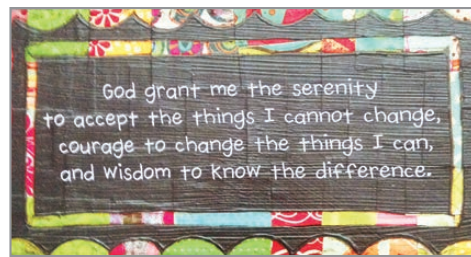
It is such a joy to be part of the success, but success typically comes with two requirements: great patience and determination. We are still working on pulling the final details together to break ground on the Leogane Surgical Center and the Carmelle Voltaire Women's Health Center land deal is still pending in the near future. We have learned more about the volatile nature of land purchase in Haiti than we ever wanted to know! As I told our Duke students this past summer, "When in Haiti, we get to put knowledge into action." Over the past year, I have had an abundance of opportunities to put patience and determination into practice. When frustration wants to bubble to the surface, and my tolerance for delays is reaching the boiling point, I have to

smile and remember this simple phrase – "In Haiti, all things happen in Haitian time."

With all that said, all things do

move forward at their own pace. Great things can be accomplished alongside of our Haitian friends who mentor us in what it means to possess the tenacity to stay the course and have faith in what truly is "God's time." Someone recently gave me a plaque that I have hanging in my office. It is the Serenity Prayer; "God give me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference." Working in Haiti has taught me there are things I cannot change, I have learned to have the courage to go after the things I can change, but most importantly our Haitian partners have helped me gain the wisdom to know the difference.

In this season of harvest and reflection, we at FHM can rejoice in the accomplishments of 2014 and pause to remember everything truly is accomplished in "God's time." Thank you for your partnership and being part of this journey to make a difference for women and children in Haiti. Hopefully this newsletter will bring you a sense of accomplishment, a smile to your face, and maybe a little laughter.



Sharing her vision: Kathy Walmer shows the Duke Global Health Institute team the site for the women's clinic on Tombe Gateau.

Save the date!

Saturday, April 18, 2015

A Haitian Celebration

FHM's Annual Gala and Silent Auction
raising funds for
The Leogane Family Surgical Center

FHM Welcomes New Fondwa In-Country Coordinators

FHM partnered with Christopher and Natalie Wallace to serve as In-Country Fondwa Project Coordinators beginning September 2014. Christopher and Natalie were married in July 2014 in Indianapolis, Indiana and through communications with Jamalyn Williamson, FHM's Fondwa Project Manager, they decided to live in Fondwa for one year to support FHM's sponsorship program and on-going service projects in the community.



Chris & Natalie Wallace

Chris Wallace graduated from Indiana University - Bloomington with a Bachelor of Arts in History, Anthropology, and Classical Civilizations in 2013. After being involved with a campus ministry at Indiana, he spent his first weeks post-graduation on a service trip in Ukraine. Chris has also worked in various roles and internships with political organizations in Indianapolis including the Indiana State House of Representatives during the legislative session. He also pursued his interest in international cultures in an internship working with the local international business community.

Natalie Harris Wallace, recently graduated from Indiana University - Bloomington with a Bachelor of Arts in History and Anthropology and with minors in French and Public and Environmental Affairs. She gained a passion for missions in high school through many trips with her church. Natalie studied abroad in the Netherlands while at Indiana University studying social and international policy. She interned with FHM and Jamalyn Williamson in the summer of 2013. Natalie greatly enjoyed her experience last year and looks forward to continue working with the Fondwa community.

Chris says, "We are excited to be working with FHM. Since we arrived in early September we have enjoyed meeting old and new friends. We are happy to get started on our work with the orphanage, the school, and other community projects. Each day, we have spent time at the orphanage, and we can already see future projects for FHM. As one of our first jobs, Natalie began teaching English at the Saint Antoine School. Soon, we will meet with community leaders from The Association of Peasants of Fondwa (APF) to gain a better understanding of the additional needs in Fondwa."

Chris has enjoyed meeting the sponsor students at the Saint Antoine School. We know that communication between the sponsor families and students has been difficult since the earthquake and we look forward to bridging the gap. He will be sending email updates about the children of Fondwa.

Natalie says, "We look forward to sharing our journey with you. To donate and become part of our Fondwa story please go to www.familyhm.org."

If you would like to receive updates via email on the Fondwa community email Chris and Natalie at fondwa.sponsorship@familyhm.org and you will be added to our list.

Has your mailing address changed?
Do we have your most current email?
We have LOTS of great events and project updates happening and we want you to be in the know!

Send us your contact info at info@familyhm.org



Natalie and Chris enjoy spending time each day with the kids.

Let's stay in touch!

Blessings and Abundance Comes in Many Forms

Layettes: Debby Garth went on a mission trip with Building Goodness Foundation in January 2014 to work with others from South Plains Presbyterian Church (Keswick, Virginia) in the mountains along the Jacmel Road where the new Carmelle Voltaire Women's Health Center will be built. She was so inspired by the promise of the new birthing center that she asked the ladies of South Plains to help her in a special project. Debby and her sisters in faith have knitted and sewn 100 layettes (baby cap and gown) to be gifted to each mother that visits the new health center. FHM is so grateful for this gift of compassion and love offered through the time and talents of the women of South Plains Presbyterian.



Debby Garth and friends at South Plains Presbyterian Church in Keswick, VA have sewn 100 layettes to be gifted to mothers at the new Carmelle Voltaire Women's Health Center.

Vitamin Angels, Inc. For 20 years, Vitamin Angels, Inc. has been helping at-risk populations in need—specifically pregnant women, new mothers, and children under five—gain access

to lifesaving and life changing vitamins and minerals. Vitamin Angels is an organization that relies exclusively on private contributions. Vitamin Angels donated vitamins to be distributed to children in the Blanchard Clinic. Missy Owen, FHM Global Health Research Associate, took the vitamins with her on the October 4-12 medical mission trip.



Missy Owen, FHM Global Health Research Associate distributes Vitamin Angel vitamins to a mother and child.

Feminine Hygiene Kits: In May, Dr. Avis Artis of The Links, Inc. - Durham Chapter contacted FHM with their desire to support the women and families of Haiti. The Links is a premiere service organization whose goal is to provide sustainable basic assistance to the women and girls of Haiti. The Durham chapter prepared 100 feminine hygiene kits, including soap, sanitary napkins, and other hygiene items. FHM took the kits to Haiti on the June medical mission trip and distributed them to women and young ladies visiting the Blanchard Clinic for medical care.

Fresh Water in Fondwa

In the USA, availability of fresh water is not something we think about on a daily basis. Typically, we walk across our kitchen or bathroom, turn on the faucet and cool, clean water comes out. This is not a luxury most



Jamalyn and Dave Williamson, and their children. The writing says Indianapolis Groups - Jamalyn and David.

Haitians are afforded. Kids First, a group from Indianapolis, Indiana donated the funds to complete a cistern that will allow more water to be stored at the orphanage. During the rainy season, it provides adequate water for the 50 kids who live there. Jamalyn Williamson, FHM Fondwa Manager says "We are so excited to have this project completed. We still need a pump to bring water to it during the dry season and are looking for partners to help fund and install the pump."

Celebration at the FHM Guesthouse

Happy birthday, Yvette! Hannah Sterling, FHM Guesthouse and In-Country Manager, hosted a special celebration in Leogane on October 13th for one of our favorite employees. Yvette Joassaint has been our head cook at the guesthouse since it opened in 2012. If you've stayed with us at the guesthouse, you have certainly been blessed by her delicious meals. Please join us in celebrating this incredible woman! We are so thankful to have her as part of our FHM family in Haiti.



Happy Birthday, Yvette Joassaint!

Available now! FHM Holiday Cards!



Christmas Greeting Cards

Set of 10 cards and envelopes for \$10

Celebrate the season with a set of 10 Christmas greeting cards featuring a beautiful piece of Haitian metal art - "Tree of Life".
Message inside: Jwaye Nowel! Merry Christmas! May the blessing of the holiday season be with you throughout the year.

3 ways to order:

1) Online at www.FamilyHM.org

2) Call the FHM office 919.382.5500

3) Mail your check & order to:

Family Health Ministries

1921 North Pointe Dr., Suite 200, Durham, NC 27705

Note on check : "2014 Gift Cards" or "Greeting Cards"

Holiday Gift Cards

Show your family, friends and business associates that you care for women and children in Haiti this holiday season by making a donation in their honor to Family Health Ministries.

You can choose from two card designs featuring Haitian metal artwork in either the "Tree of Life" or the "Nativity Scene". Your generous donation will help to support FHM programs and services in Haiti. *Message Inside: May the blessings of the holiday season be with you through the year. A gift has been made to Family Health Ministries in your honor to provide health care and education for women and children in Haiti.*



What Your Donations Provide:

Your gift of \$15 can provide

- Immunizations for 1 child
- 2 bags of construction cement
- 4 Bibles for Christian Community Church in Haiti
- 1 Cervical Cancer Screening
- 1 annual preventative health care exam for 1 patient

Your gift of \$25 can provide

- 1 year of prenatal vitamins for 1 mother
- 1 twin mattress for the orphanage
- 1 life-saving cryotherapy treatment
- 1 month of food for a family
- 1 year of daily vitamins for 1 mother and 1 child

Your gift of \$50 can provide

- Antibiotic treatment for 3 patients
- Building materials for the birthing center
- 1 year of diabetes medication for 4 patients
- Build 1 twin bed for the orphanage
- Hypertension screening and medication for 30 patients
- Sponsors 1 Vacation Bible School student for 5 days

Your gift of \$100 can provide

- Medical supplies for the Blanchard Clinic
- Paint for 1 house
- Training materials for 1 midwife
- Prenatal care for 1 Haitian woman and safe delivery of her child
- 1 month of support towards Pastor's Discretionary Fund at Christian Community Church

Your gift of \$300 can provide

- Food for 1 Haitian family for 1 year
- Cervical cancer (HPV) screening for 20 women
- 1.5 months of support for 1 pastor and his family at Blanchard Community Church
- 1 month sponsorship for 1 Haitian nursing student

'tis the season!

A Busy Summer in Haiti for FHM

Duke SRT Students in Haiti

FHM collaborated with the Duke Global Health Institute (DGHI) as a community partner for the Student Research Training (SRT) Program. This program gives 2nd and 3rd year Duke University undergraduate students an opportunity to learn how to engage in global health research in real-life settings that ultimately impacts the community. Garland Austin, Elle Gault, Zach Morrow and Lily Zerihun were chosen to work with FHM in Leogane. They received training on cultural sensitivity, research methods, international research ethics, and understanding Haiti. They were also trained by Drs. Joel Boggan and Ann Marie Navar-Boggan on conducting blood pressure and ankle-brachial doppler readings.



Duke SRT Students Zach Morrow, Garland Austin, Elle Gault and Lily Zerihun

On June 1, 2014, Schatzi McCarthy, FHM Global Research Director, took the team to Haiti to begin their 8 weeks in the Leogane Commune. They did a phenomenal job of surveying the community, with the assistance of two Haitian translators and FHM In-Country Manager, Hannah Sterling. By the end of the summer, the students had completed 315 HPV vaccine surveys. This study has a significant sample size and should provide very useful information on parent acceptability of the HPV vaccine in Haiti, with urban and semi-urban comparison data. The students also completed 409 interviews using the hypertension survey followed by blood pressure and ankle-brachial assessments. Drs. Joel Boggan and Ann-Marie Navar-Boggan continue to assist with data analysis for this study. This data should prove useful for future program development for the Leogane Family Health Center and the Carmelle Voltaire Women's Health Center.

Duke SRT students Zach Morrow and Garland Austin taking ankle brachial blood pressure readings for a Leogane resident. They would travel around the Leogane commune each week, completing, on average, about 10 surveys a day.



Dr. David Walmer Presents HPV Research to Ministry of Health

On June 30, 2014, Dr. David Walmer presented to the Haitian Ministry of Health at a Cervical Cancer Prevention Workshop. Dr. Grand Pierre, Director of Family Health, invited speakers from the Ministry of Health, PIH, GHESKIO and FHM to share their experiences with cervical cancer prevention and vision for a national program. The non-Ministry of Health presenters were: Maxi Raymonville, Director of l'Hôpital Universitaire de Mirebalais (Partners in Health, Harvard-affiliate) Cynthia Revere, (GHESKIO Cornell-affiliate), and David Walmer, (FHM, Duke-affiliate).



Dr. David Walmer

FHM recommended that Haiti adopt HPV testing as the preferred primary screen and introduced digital pathology with the message that therapy should be based on a pathological diagnosis whenever possible. Everyone present enthusiastically endorsed both of these recommendations and expressed a desire to work together so that we could more effectively compete with other countries for global resources. As an indication of support, we had several small meetings with interested parties after the workshop to lay out next steps.

FHM Offers Spiritual Support Through Vacation Bible School

A team of seven people from different North Carolina churches traveled to Haiti July 19 through 27th to offer a ministry of presence to the Haitian people. For eleven summers, the FHM Vacation Bible School team has offered



July 2014 VBS Team: Nancy Holton, Jesse Holton, Missy Owen, Dr. Jim Snapper, Mironda Martin, Michael Lumpkin, and Darlene Lumpkin

smiles, hands of friendship as we prayed, played games, told Bible stories, and provided crafts and snacks and made attempts at learning the Kreyol language. People often ask what this team could offer since they didn't speak the language very well. Each summer, the VBS team partners with Haitian VBS leaders, translators, and monitors (class assistants) to provide a fun, safe, spiritual experience for the youth of Haiti. This year's VBS provided for 175 children in the Blanchard community, an area on the edge of the Cite' Soleil slums, in the Terre Noire Church compound Monday through Thursday. In each Bible story they presented, the odds were overwhelming without God, but with God the impossible was accomplished. On Friday, the team drove to Fondwa and provided a morning VBS program for 45 children from the Fatima House Orphanage and community. The generous welcome we receive each year is always offered with the message, "Thank you for coming back. You encourage us when you come, and you don't have to!"

Interested in traveling to Haiti to serve on the 2015 VBS trip? The dates are July 18-26th, 2015 and you can register online at FamilyHM.org.



With the help of fabulous Haitian staff and translators, 2014 was another great VBS in Blanchard for 175 local children.



Roland for Fondwa

Roland Hofer raced in the "Salomon 4 Trails" July 9-12 across Europe. In three days, he ran through the mountains of Germany, Austria and Switzerland – 100 miles — 33,000 feet of vertical climbing and 30 hours of running. Every step he took was dedicated toward raising awareness and funds for FHM's Carmelle Voltaire Women's Health Center in Tombe Gateau near Fondwa, Haiti.

Roland is a member at St. Luke's United Methodist in Indianapolis, where he partnered with Jamalyn Williamson, FHM Fondwa Project Manager, to promote the Roland4Fondwa campaign. Roland states, "I am so moved by the strength and faith of Haitian mothers. My own mother lost her battle with cervical cancer a few years ago. It was my honor to dedicate my trek across Europe to raise funds for FHM's Carmelle Voltaire Women's Health Center."

FHM is thankful for Roland's campaign and the awareness he helped to raise for the new women's health center. Roland's trek raised over \$13,000. Find out more about Roland Hofer and his journey by visiting [Roland4Fondwa](#) on Facebook.

Black Friday. Cyber Monday.

#GIVINGTUESDAY™
DECEMBER 2

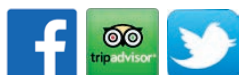
Our #GivingTuesday project through THE ADVANCE:
Global Ministries of The United Methodist Church
is The Leogane Family Surgical Center
Advance #3021059

We have a day for giving thanks. We have two for getting deals. Now, we have #GivingTuesday, a global day dedicated to giving back. On Tuesday, December 2, 2014, charities, families, businesses, community centers, and students around the world will come together for one common purpose: to celebrate generosity and to give financially. Join FHM and be part of a global celebration of a new tradition of generosity.



1921 North Pointe Drive, Suite 200
Durham, NC 27705

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
CHAPEL HILL, NC
PERMIT NO. 413



★ **GREAT Nonprofits**



FamilyHM.org • info@FamilyHM.org
919.382.5500

- 1. End-of-Year Gift:** FHM is a 501(c)(3) non-profit organization that is eligible to receive tax deductible donations by individuals and companies.
- 2. FHM Gift Cards:** Make a donation to FHM in honor of a loved one.
- 3. #GivingTuesday:** Our #GivingTuesday project through THE ADVANCE: Global Ministries of The United Methodist Church is The Leogane Family Surgical Center, Advance Project #3021059.
- 4. State Employees' Combined Campaign (NC):** The SECC is the only fundraising campaign authorized to solicit charitable contributions in the state employee workplace. The SECC is led by state employees for state employees and just 10% goes to fundraising and administrative costs, so state employees can give with confidence.
- 5. Corporate Matching Gifts:** Many companies offer corporate matching programs that will further leverage your gift to FHM. Matching gifts are charitable giving programs set up by corporations in which the company matches donations made by employees to eligible nonprofit organizations.
- 6. A Stock Gift:** Call Kelly Dassow at FHM 919-382-5500 to find out more about making gifts of stocks or bonds.

Tax ID #56-2206165

Visit www.FamilyHM.org or call us at 919.382.5500 for more information.

