

Haitian Staff Members are the Center of FHM's Mission.

Our organization started back in 1993 after David Walmer went to Haiti for the first time on a mission trip. In 2001, Family Health Ministries (FHM) took on its official name and became a registered 501c3 nonprofit organization. Today, FHM is best known for women and children's healthcare and cervical cancer prevention work. Over the almost thirty years in Haiti, we have tried to stay faithful to our original mission statement of "supporting Haitian communities in their efforts to build and sustain healthy families." It is not the projects and programs that make FHM what it is today; it is the people.

As the saying goes, "it takes a village to raise a child." In our case it takes a village to provide a safe, healthy, and secure environment for both mother and child.

Our Haitian staff are the center of our mission. They are the individuals who are committed to their work and to their communities. They work tirelessly to provide mothers and babies the best of care in the worst of circumstances. Over the years, we have introduced you to several of our staff. Today we introduce you to two more who each have a long history with FHM. Berlyne and Casimir share their life stories in their own words. 🌱



Casimir Berthony

Sometimes I feel sad when thinking about my past life. I feel as if I have a story which is sad, but proud.

I'm Casimir Berthony. I was born in Leogane, Haiti in 1980. I come from a family of seven children. My dad and mom were never married. They lived together for a short period of time before they broke up. My mom and dad never learned how to read or write. My dad did not have a profession, but used to work in rum distilleries. After my dad left, life became so hard that my
(...continued on next page)



Berlyne Louis Bien-Aimé

Hello, I am Berlyne Louis Bien-Aimé. I was born in 1987 in Leogane, Haiti. My husband's name is Guito, and I have two children, a 10-year-old boy (Moony Guydensly) and a 3-year-old girl (Djoulyne).

My mother is 57 years old; she lives in Chatuley Léogâne. She has 3 children: my older brother who is a primary school teacher, my little sister who is also a kindergarten teacher, and myself. Seven years ago, my mother had a stroke and was paralyzed. And now,
(...continued on next page)

(Casimir Berthony continued from page 1)

mom had to go and look for a household job. The difficulty of the moment became so hard that mom had to choose another partner to live with. They later got married and had five more children.

My dad liked to drink alcohol, and this made him not be able to take care of me. At the age of fourteen, I had to go to work to pay my school tuition. I used the small salary to help my mom with the care of my sister and my little brothers.

I went to primary school at the Mission Outreach. Later in life, I worked there as head of the school. I did my secondary school at Lycée. This is known as high school. After secondary school I moved to Port-au-Prince. I went to a professional school where I learned computers, carpentry, English and how to be an interpreter. Thanks to God, I had a chance to finish my education by the sweat of my brow.

“I still live in my hometown where I was born, and here I am with Michael Anello (FHM In-Country Director) working together for Family Health Ministries. I’m happy for the experience that I have had with this institution, particularly working with Michael.”

I had to work very hard in construction during the holidays, until I found a job as a security guard at the mission I went to for primary school. My performance and ability convinced the head of the mission to promote me to co-director of that school. Because of the Haiti riots, government instability, and internal problems, the mission became discouraged. After many long discussions, the school was eventually closed.

In January 2010, there was a horrible earthquake in Haiti. It gave me a chance to find another job at Doctors Without Borders (MSF) in Leogane. After 5 years working with this institution, I moved on to Family Health Ministries. I also had a chance to work at Saint Croix Guesthouse as a translator for mission teams. But this was a part-time job. I liked it because I could interact with the American visitors.

Today, my mom is still living, but she is very old and not able to work. I’m the one who is taking care of her and supporting her. I live with my girlfriend, Nerline. I’m not married yet, but I would like to get married. We have two children, a boy who is 10 years old and a girl who is 5 years old. No matter how good or bad things are, we are happy. I still live in my hometown where I was born, and here I am with Michael Anello (FHM In-Country Director) working together for Family Health Ministries. I’m happy for the experience that I have had with this institution, particularly working with Michael. 🌱

(Berlyne Louis Bien-Aimé continued from page 1)

we are taking care of her. My father lives in the USA and he is 65 years old.

After my primary school studies in Léogâne at La Rédemption, I went to Lycée Anacaona of Léogâne to finish my secondary studies. After completing my studies, I went to Port-au-Prince in 2006 to learn English at wonderful institute. In 2008, I took an advanced class to become more fluent. I enjoyed learning English and found it a lot of fun.

In 2009, I started going to a nursing school in Port-au-Prince to learn pharmacology. Unfortunately, I had to stop my education and return to Leogane at the time of the 2010 earthquake. The earthquake brought many foreign organizations to the Leogane Commune, and I was able to use my English language skills. I remember one day I was participating in a meeting with UNICEF, and I was sitting next to a woman called Lenka from Slovakia. She spoke English and was having a difficult time getting her point across in French. She asked someone for help, and I was the one who helped her. After the meeting she offered me a job, and I began work as a translator for All Hands Volunteers.

I have worked as a translator for many NGOs. I have also worked at HAÏTI Kids Kino Project (England) as a translator/announcer, Goals as an English teacher, Haiti Scholarships as the program coordinator, and A Step for HAÏTI as an administrative director in both Mabial and Belle Anse. I have taught children how to read and write Haitian Creole and provided sex education lessons for youth.

“I am happy that we can build a bridge to know each other through this interaction since Haiti’s situation is so bad and very complicated. Please pray for my country. I thank you so much for your support!”

I think it was in 2014 when I first started working for FHM. We had a group of Duke University students coming to Haiti to conduct a research program. I was one of the translators and this is how I met my friend Schatzi McCarthy (FHM Board Member).

In 2018, I was so happy when Michael Anello (FHM In-County Director) told me about the new HPV screening program. I was hired by FHM to be the coordinator to collect patient samples and make sure the HPV positive patients got back to the Carmelle Voltaire Women’s Health Center to receive treatment. I also organize the collected samples to be run by the lab technicians and prepare the lab sheet so the data specialist can enter them into the lab computer.

So, this is who I am and what I have been doing here in Haiti. I thank you so much for the work that you do for the population of Haiti. I am happy that we can build a bridge to know each other through this interaction since Haiti’s situation is so bad and very complicated. Please pray for my country. I thank you so much for your support! 🌱



What Do You Do With a Fenced Piece of Land?

In-Country Director, Michael Anello

In May of 2007, Family Health Ministries (FHM) had the opportunity to purchase three carreau of land, which is just short of 10 acres, in Leogane, Haiti. After the Earthquake in 2010, FHM started construction on the Nancy Ferree-Clark Guesthouse. The guesthouse was opened for business in the summer of 2012 with a group of Duke University students. Over the years the guesthouse has been a gathering place for many FHM mission teams, as well as groups from numerous other organizations. This building has also been the home for our in-country director and serves as the FHM office in Haiti. Additionally, it houses the HPV lab that runs samples to screen for cervical cancer.

Back in the early days of the guesthouse, the large parcel of land was used for growing sugar cane, and the funds raised went back to the community. Over time, the production of sugar cane fell off as the plants aged and were not maintained. Last year, we fenced the property to increase security. This ‘fence’ is made of short posts and barbwire. It is enough to keep the goats off of the property.... most of the time.

While fencing the property, we discovered an old hand-dug well. This was the spark for an idea. What can you do with a fenced piece of property and a water source in Haiti? You can open a community garden.

Early in 2022, FHM decided to put our land to good use. We hired a young graduate from the Agronomy School in Hinche, Jameson Avril, and together, we started the community garden. The garden uses

approximately a third of the land to grow vegetables and a third of land to grow trees.

The success of this project is not measured by profit. The garden has been used for outreach to the Leogane community in a variety of ways. The community garden provides jobs for local Haitians. There are no John Deere tractors in Haiti to till the soil; everything is done by hand. We also hire workers to plant the crops and harvest the vegetables. So far this year, we have planted tomato, hot pepper, and eggplant, our bumper crops. In addition, we have planted cucumber, cabbage, watermelon, sweet pepper, carrot, and a variety of herbs. We have also planted plantain, mango, and avocado trees which will produce fruit next year.

Women in the community stop by the garden to purchase the harvested vegetables at a discounted wholesale price. They sell the vegetables in the local market, making a profit that feeds their families. This is especially important right now, as Haiti’s economy is in a free fall and food scarcity is a significant problem. Surplus produce goes to FHM staff and their families. Any funds collected from the sale of the vegetables go back into buying more seed and paying the workers.

For the Fall, we are exploring the possibility of giving small plots of land to primary schools for children to begin to learn the value of growing vegetables and taking care of the land. Our hope is to branch into learning about nutrition and farming. The possibilities are endless. 🌱



Becoming a Center of Excellence in Rural Haiti

By Jean Hall, FHM Vice Chair

There is exciting news out of Tom Gato as the Carmelle Voltaire Women's Health Center (CVWHC) staff work to build a center of excellence in women's health and delivering babies. Despite the challenges of civil unrest and concerns for their personal safety, Dr. Danache and the CVWHC staff continue to provide care during pregnancy and birth in rural Haiti. Additionally, they provide leadership in health care to the communities around Tom Gato. These are no small undertaking and speak volumes about the CVWHC staff's professionalism and dedication as they pursue new initiatives in their work.

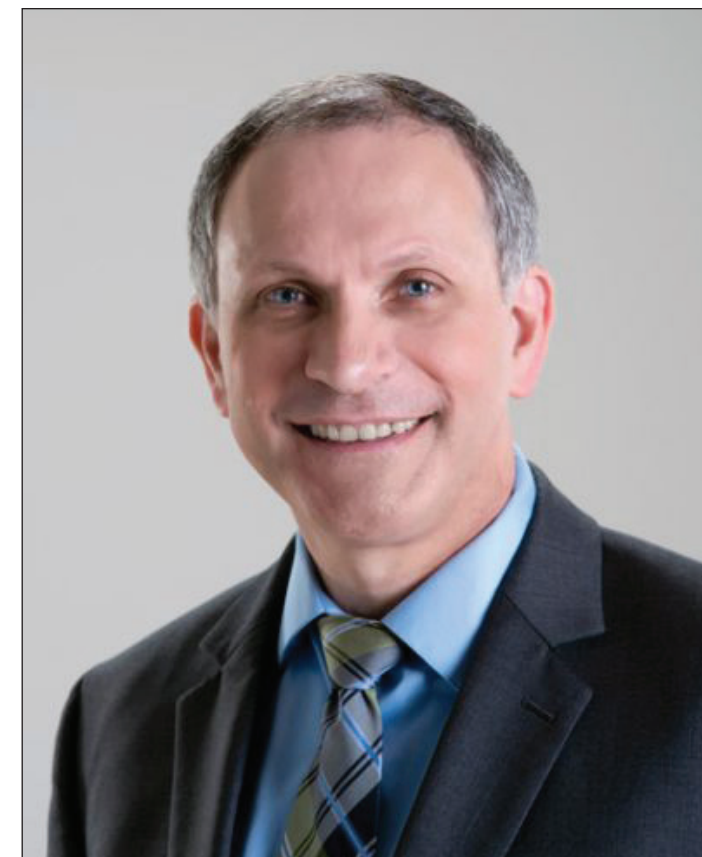
A current initiative for the CVWHC staff is Helping Babies Breathe (HBB), a program with over a decade of implementation in global health. While we know most births are 'routine' and don't require much in the way of infant resuscitation, those that do need skilled caregivers carrying out an immediate, specific action plan. With all births, including term babies, such actions can make the difference between life or death. HBB is a well-researched, simplified newborn resuscitation program specifically designed to be used in low resource settings - like rural Tom Gato - with portable educational tools such as infant dolls for practicing skills and a pictorial representation of

steps to be followed depending on problems the newborn may have immediately after birth. The goal of HBB is to train and empower midwives and frontline birth attendants in newborn resuscitation, which leads to improved newborn outcomes.

FHM helped obtain HBB training tools, resuscitation equipment, trainee workbooks and materials, (Creole, French, and English) along with identifying two Haitian HBB master trainers to provide an initial training for all the CVWHC staff. The goals for this initial training are to provide quality improvement activity for center staff in newborn resuscitation and to develop 'train the trainer' skills for staff to disseminate and promote this critical training to community non-medical birth attendants (matrons). Unfortunately, the initial training day scheduled in July 2022 had to be postponed due to travel safety concerns for the master trainers. However, as we know from decades of experience with our Haitian partners, this is a temporary set back and all staff are looking ahead to rescheduling and implementing the Helping Babies Breathe program as well as many more such initiatives to build healthy families in the months and years to come. 🌱

Dr. David Walmer Retires from Atlantic Reproductive to spend more time on FHM Projects

We are giving a tribute to FHM founder Dr. David Walmer who is retiring from Atlantic Reproductive Medicine Specialists after working in the field for 35 years. He leaves behind a vibrant private practice that he started back in August of 2012. Being a fertility specialist, he has been at the beginning of making new families for many years. He leaves a legacy of education, research, and innovation that he developed during his 25 years at Duke where he started as a fellow and left as the Director of the Reproductive and Fertility Division. All of you who know David, know that retirement is not an actual word to describe what he plans to do with the rest of his life. He is already thinking up new women's health research opportunities to improve care and thinking of using drones to deliver medication and laboratory samples to inaccessible areas in Haiti. We at FHM look forward to seeing more of David and say, **CONGRATULATIONS ON YOUR "RETIREMENT."** 🌱



Mission Travel

Many of you have asked, when will we start taking groups back to Haiti. That is such a difficult question to answer. Many of you miss seeing our friends in Haiti as much as we do. Unfortunately, government politics, political instability, and gang violence has made it very difficult for us to move around the country. The roads going south towards Leogane are completely cut off to transportation in and out of Port-au-Prince. We can go up the road to the Tom Gato clinic and into Jacmel to take a small plane into Port-au-Prince. Travel has been made more difficult due to the lack of diesel and gasoline. Our clinic staff has to take tap-taps to the clinic lately because they cannot find fuel for their personal transportation. We pray that there will be a change to this situation, but we don't

foresee a significant change until the government can gain back control of the streets and have elections. Please pray for our staff and their families as they struggle to work their jobs and maintain their family life. They very much want to see you again.

I want to thank all of you who continue to support the work we do in Haiti, even though you yourself can not travel and participate directly in our programs. Your donations to FHM are certainly a lifeline to our staff. Without you, children could not go to school, women would not receive women's health care, and babies would be born without medical support. 🌱



Fondwa Sponsorship Program

Saint Antoine School

The Saint Antoine School (1st through 12th grade) is a testament to the parents and teachers who value education in the Fondwa community. The children at the Saint Antoine School are from the very poor valley area below the Carmelle Voltaire Women's Health Center. Some children are known to walk 2 hours each way to attend the secondary school. Family Health Ministries, in partnership with Partners in Progress, continues to support the teacher and staff salaries at the Saint Antoine School.

We want to thank our sponsors who have hung in with us over the years. Without your monthly donation, these children would not be able to receive an education. Some of you have been with us since this



program began in 2001. It's hard to believe the Fondwa Sponsorship program is 22 years old. We are working on getting updated photos of your sponsored children this fall when the school reopens.

We are always looking for new sponsors! Please consider sponsoring a child's education for \$360/year or \$30/month. We anticipate the cost of sponsorship increasing at the beginning of the new year, as the cost of everything in Haiti continues to outpace our budget. If you are a current donor, we ask that you continue to give what you can. Our sponsors are a lifeline for these children, and we thank you for your years of faithful giving.



Saint Antoine School photos continued...



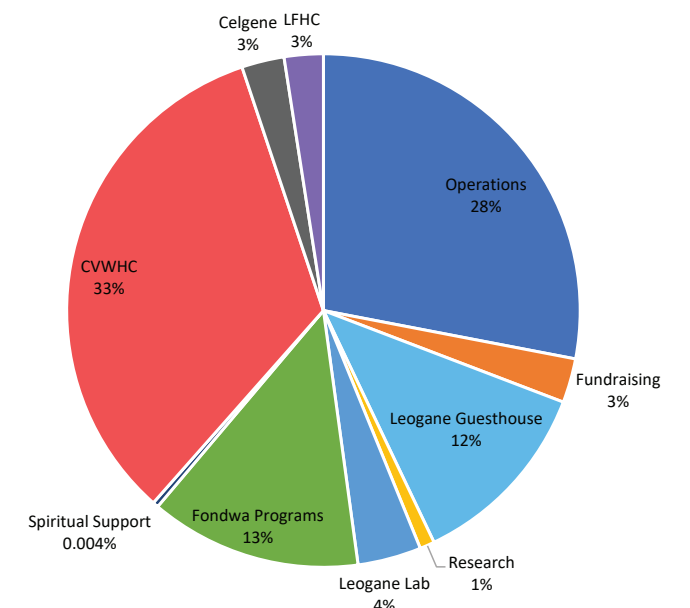
New Partnership with Leogane Nursing School

The Faculté des Sciences Infirmières de l'Université Épisopale d'Haïti (Faculty of Nursing Science of the Episcopal University of Haiti) or FSIL is the first four-year baccalaureate school of nursing in Haiti. In 2015, FSIL was ranked as the top nursing school in the country by the Ministry of Public Health. It has become a model for nursing schools in Haiti. Family Health Ministries has a long-standing relationship with FSIL and its visionary Dean Hilda Alcindor. FHM has provided nursing scholarships and hired several of the University's graduates over the years. This year, the Carmelle Voltaire Women's Health Center (CVWHC) became one of FSIL's new training facilities for their students. FHM's OB/GYN physician, Dr. Danache, is not only the preceptor for the students, but he is also an educator at the school. Hilda Alcindor and Dr. Danache will be this year's speakers at the Gala on September 17th. Don't miss the opportunity to meet two of the finest Haitian leaders in the healthcare world of Haiti. 🌿

2021 EOY Financials

Revenue 2021		Expense 2021	
Unrestricted Donations	\$158,999	Operations	\$117,673
Investment Income	\$4,095	Fundraising	\$11,695
Leogane Guesthouse	\$64,363	Leogane Guesthouse	\$50,854
Research	\$3,906	Research	\$3,906
Leogane Lab	\$16,800	Leogane Lab	\$16,800
Fondwa Programs	\$49,065	Fondwa Programs	\$55,973
Spiritual Support	\$1,500	Spiritual Support	\$1,500
CVWHC	\$135,653	CVWHC	\$140,000
Celgene Study	\$5,940	Celgene Study	\$11,249
LFHC	\$0	LFHC	\$10,319
Surgical Expansion	\$135,935	Surgical Expansion	\$123
Total Income:	\$576,256	Total Expense:	\$420,092

2021 Expenses





PO Box 16783, Chapel Hill, NC 27516



FamilyHM.org • info@FamilyHM.org
919.382.5500

Family Health Ministries is a 501(c)(3) nonprofit corporation registered in NC. All donations are tax-deductible and will be used to support

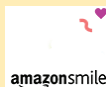
*FHM's programs.
Tax ID# 56-2206165*

Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-807-2214. The license is not an endorsement by the State.

New Plumpy'Doz Program

Thanks to special donors, we are partnering with Meds and Food for Kids to purchase a product called Plumpy'Doz. This product is a ready-to-use, soy-based nutritional supplement that treats moderate malnutrition. In the fall, we will begin to treat malnourished pregnant women at the Carmelle Voltaire Women's Health Center (CVWHC). The goal is to promote proper fetal development and increase birth weight while reducing the incidence of acute malnutrition in women during their second and third trimesters. Both Plumpy'Doz

and prenatal vitamins, which we give to all pregnant women, are extremely expensive, but essential for healthy mothers and healthy babies. Please consider going to our website to donate to programs at the CVWHC. You can give a direct donation to the clinic, sponsor a birth, or give specifically to the Plumpy'Doz program. Donations to these programs make great Christmas gifts for your loved ones. 🌱



\$200 million donated to charities

Shop at smile.amazon.com or with AmazonSmile ON in the Amazon Shopping app to generate donations.

AmazonSmile has donated over \$200 million to charities worldwide! You can help increase AmazonSmile donations to Family Health Ministries Inc by shopping at smile.amazon.com/ch/56-2206165 or with AmazonSmile ON in the Amazon Shopping app.

FHM GALA, September 17, 2022

DON'T MISS THIS YEAR'S GALA

Our 2022 Annual Gala & Silent Auction, "Healthy Families, Healthy Babies," is again being held at the Paramount Event Venue in Morrisville, NC. We are looking forward to a memorable evening with friends. We aren't taking groups to Haiti at this time, so we have decided to bring Haiti to you. By popular demand we are bringing back our wine pull with 15-year bottles of Barbancourt Reserve Rhum, and our silent auction with Haitian metalwork, Einstein bowels, and the famous painted metal lizards.

Try your luck at wining a six pack of Prestige or maybe a "Taste of Haiti" basket filled with vanilla, coffee, hot sauce and other tasty Haitian food and beverage items. You can enjoy dinner from Rocky Top Catering and music from the E.G. Peters Band. Come meet and hear from our Haitian Leadership, Dean Hilda Alcindor of the Leogane Nursing School, Dr. Danache, the OB/GYN of the Carmelle Voltaire Women's Health Center, and our longtime friend, Leon Dorleans.

If you cannot join us in person, you can participate in the silent auction online September 9-17. Visit us at bidpal.net/FHMGala2022 to view auction items and place bids. The auction will end with the close of our live event on September 17. You can enter a maximum bid and let the system handle bidding for you if you aren't available to place bids that evening. Items can be picked up from Kathy Walmer the week of September 19 or shipped to you for a small fee. This is a great opportunity to get a head start on your holiday shopping. 🌱

Healthy Families, Healthy Babies



Family Health Ministries' Annual Gala & Silent Auction



Saturday, September 17, 2022

6:00 - 9:00 pm

Supporting the Carmelle Voltaire Women's Health Center in Tom Gato, Haiti

Cocktail Attire

Paramount Event Venue

5180 Paramount Parkway, Morrisville, NC 27560

Purchase your tickets at www.FamilyHM.org or call 919.382.5500

Adults \$100, Students \$50